

Hutt Central School

Empowering our children to meet the future with confidence

Hutt Central School Newsletter No 4 Term 3 7 August - 11 August 2023

Kia ora Tatou,

Volume of our Values

We are extremely proud of our students who have achieved the Gold Level of the Volume of our Values! In our assembly tomorrow we will all find out what our celebration is going to be! Well done to everyone for 'living by' our values of haepapa / responsibility, manawaroa / resilience, whakaute / respect, and auahatanga / creativity.

Our Senior students have visited the Dowse Art Gallery this week for a workshop titled 'Unhinged' which focused on Taonga. They were able to make a taonga out of clay which represented something important for themselves. The Senior Syndicate have also started Basketball Sessions with Wellington Basketball for their PE learning.

New student

Welcome to Chase and Rocco who have started at Hutt Central School this week. It is great to have you with us.

Assembly

Please join us in the Hall from 2:20pm tomorrow for our school assembly.

Carpark

Reminder - please keep out of the carpark at drop off and pick up times. This is to keep our students and community safe - there are a small number of whanau who require access to our disability parks and they have communicated this with us.

Late pick up

On the off-chance any parents might be late for picking up children from school at the end of the day, can you please phone the Office on 566 0059 to let us know.

Kidsonline Cyber Safety

Rob Cope gave us a Cyber Safety presentation for our community on 27 July. Please scroll below and review the resources, tips and recommendations from his talk. This is really useful for all of us to consider how we are keeping our whanau safe online.

Ngā mihi nui,
Michael Gendall
Principal

School absences

Please remember to notify school before 9.00am if your child will not be at school for all or part of the day. You can do this via our website [Absences](#) or by calling our absence line **PH: 566 0059** This reduces the lengthy process of contacting you to check on absences. We use an electronic absence notification system, which means you will be initially contacted via text message and/or phone call when your child is away and no notification has been received.

Students arriving late for school must sign in using Vistab on arrival before going to class. This is located at the school office.

Cyber Evening Resource

RESOURCES, TIPS & RECOMMENDATIONS

IDENTIFYING VULNERABILITY

- Be aware of your child's emotional developmental stages.
- Introverted children may spend more time online.
- Very curious kids need us to step in to answer questions as well as keep them safe practically.
- Empathic/easily influenced kids more at risk re predators.
- Autism/Asperger's/Special needs may be more at risk online.
- Changes social/family circumstances.
- Identification with the Rainbow Community

GET EDUCATED

- Documentary - [Our Kids Online](#).
- Documentary - [Childhood 2.0](#).
- Documentary - [The Social Dilemma](#).
- [Social Media Dangers Exposed by Mom Posing as 11-Year-Old](#)
- [The Big Reconnect - Online Parenting Course](#) - Learn how to keep your kids safe online
- [Bark Annual Report](#) - 2.1 billion messages analysed
- [Protect Young Eyes](#) - info on apps, parental controls, filters & monitoring apps
- [Planet Puberty](#) - Website for Parents of kids with Autism & Intellectually Disabilities
- [Common Sense Media](#) - recommendations on films, TV shows, games & apps
- [Sexual Behaviours chart](#)
- Recommended Filters
<https://www.ourkidsonline.info/filters>

DEALING WITH EXPOSURE

- Stay Calm.
- 'No Shame' Policy - affects your child's judgment on whether you are a safe space & how they feel about themselves in terms of their feelings around exposure.
- Get the Facts.
- Talk to their emotions - how did it make them feel etc.
- Know the reporting procedures for anything that needs the involvement of the authorities, such as [Netsafe](#) or the [NZ Police](#).
- Seek professional help if your child is struggling.

CREATING CRITICAL THINKERS

- Privacy online & offline.
- Online Strangers.
- Use correct terminology for body parts.
- Unsafe secrets vs Surprises.
- Walk away is an option.
- How to help a friend.
- Saying it online vs face to face.
- Age appropriate sex education.
- Perpetuity of posts.
- Am I a role model?
- Brain development.
- The role of porn in the trafficking industry.
- Fake news & algorithms.
- Other ways to fill our emotional cups.

BE INTENTIONAL

- The internet can be an amazing tool, we can do lots of cool stuff online. Let's use it wisely.
- RECONNECT with your kids.

6

RESOURCES, TIPS & RECOMMENDATIONS

FILTERS & MONITORING APPS

- No child should ever have unfiltered access to the internet
- Filters block adult content, allowing you to connect your children's device to the filter, while you as an adult still get to use the unfiltered WiFi.
- Nothing is 100% exposure proof, that is why education is so vital.
- [Spark Net Shield](#) - Filter your home Wifi
- [Slingshot Family Filter](#) - Filter your home Wifi
- [Netgear Router](#) with Parental Controls for all devices in the home
- [Qustodio](#). Software to protect children's devices that leave the home
- Lock down your Childs iPhone with Screen Time - link here for instructions [apple-ios-iphone-load-parental-controls](#).
- Lock down your Childs Android phone with Family link - link here for instructions [how-to-set-up-family-link-parental-controls](#)
- [The Big Reconnect - Online Parenting Course](#) A must for every family! Covering the Parents Cyber Safety Evening as well as videos to sit down and watch with your children to help start the conversation.

APPROACHING YOUR SOCIAL CIRCLE

- Always approach with a 'no judgment policy' when having a conversation with someone whose house your child is going for a playdate/sleepover etc.
- Cues are helpful, such as recent articles in the news, or talking about a film you watched, information evening you attended etc.
- Ask if it would be okay for all devices to be kept out of bedroom, if devices use can be kept to a certain time limit or in the presence of an adult.
- Examples can be found in the film, [Our Kids Online: Porn, Predators & How to Keep Them Safe](#)

TIPS

- No devices in bedrooms & turn off WIFI overnight.
- Add a [Youth Helpline number](#) to your child's contacts in their phone so they have an alternative 'safe space' if needed.
- Download apps that your kids have and use them in the mindset of a child their age.
- Set parental controls/know the recommended age for apps (we recommend adding a few years!).
- For teens, help them navigate the current landscape.
- For younger children, put off sole device ownership as long as possible
- Work with your school, they should not have to carry the burden of the fallout from personal device use.
- Join the [Parenting in a Tech World Facebook page](#) with over 280k families discussing tech and kids.

7



LOST PROPERTY

The Lost Property Bin (in the corridor next to Room 3) is overflowing with lovely warm coats, sweatshirts and jerseys. Please take the time to go through and see if anything belongs to your family. Named clothing is easy to return so it is always a good idea to do this for clothing that is likely to come on and off over the school day.

CHOCOLATES

Our chocolate fundraiser is going amazingly well but will be coming to a close at the end of this week. Thank you to those families that have already returned your chocolate money and a huge thank you to those families who have sold extra boxes.

If you are still actively selling your chocolates, please do so.

If you are sure you are not going to sell your box please return any unsold bars, along with the money you have received, to the office this week so others can sell them.

Money can be paid as cash or eftpos at the school office or directly to the school bank account

Hutt Central School 06-0996-0379750-00 Please ensure these payments are clearly referenced with your child's name and chocolate.

The Fundraising Committee

Breakfast Club

Breakfast Club is in the school hall every school day from 8.30am-8.50am. Everybody who'd like a bite to eat or some company at that time is welcome.

Donations of jam, margarine, honey and rice bubbles would be greatly appreciated. These can be left at the School Office.

If you're interested in volunteering at Breakfast Club once a week or once a fortnight, please contact Kathryn Rose at kathrynrose11771@gmail.com.



For the first time EVER Hutt Central School Fundraising Committee is bringing rock (and bingo) to Hutt Central School – it's time for young and old rockers to come out to play!

This is not your standard bingo night; it's a comedy show that will have your feet tapping, head banging and the school hall rocking with your favourite rock tunes. There will be guitar competitions, games, prizes, and guaranteed laughs.

Visit Penny and Jo in the office to purchase your \$25 tickets and let them know your team name (6-8 players per team). Block out Friday 27 October from 7pm and dust-off your black jeans, ugg boots, Guns N' Roses and AC/DC shirts! Get in quick, you don't want to find that the "night you won't forget" is booked out!

This is an R18 event which includes adult comedy and content. There will be eftpos available on the night but don't forget to bring cash for raffle prizes and to prevent bar queues.



Visit our website for links to the classes, contacts for teachers and an updated calendar
<http://www.huttcentral.school.nz/>

Week 4 Term 3 7th August - 11th August	Friday - Assembly - School hall 2.20pm
Week 5 Term 3 14th August -18th August	ICAS exam - English Wednesday - Senior Basketball sessions Interzone swimming trials
Week 6 Term 3 21st August -24th August	ICAS exam - Science Wednesday - Senior Basketball sessions Friday - Assembly - School hall 2.20pm
Week 7 Term 3 27th August-1st September	ICAS exam - Maths Wednesday - Senior Basketball sessions Friday - Interzone Swimming Comp

Our 2023 Seesaw Blogs

Please let your child's teacher know if you have any problems viewing their individual learning journal.

Room 1	https://app.seesaw.me/blog/hcsruma12023
Room 2	https://app.seesaw.me/blog/hcsruma22023
Room 3	https://app.seesaw.me/blog/hcsruma32023
Room 4	https://app.seesaw.me/blog/hcsruma42023
Room 5	https://app.seesaw.me/blog/hcsruma52023
Room 6	https://app.seesaw.me/blog/hcsruma62023

Room 7	https://app.seesaw.me/blog/hcsruma72023
Room 8	https://app.seesaw.me/blog/hcsruma82023
Room 9	https://app.seesaw.me/blog/hcsruma92023
Room 10	https://app.seesaw.me/blog/hcsruma102023
Room 11	https://app.seesaw.me/blog/hcsruma112023
Room 12	https://app.seesaw.me/blog/hcsruma122023
Room 13	https://app.seesaw.me/blog/hcsruma132023
Room 14	https://app.seesaw.me/blog/hcsruma142023

Community News


PRIME RESEARCH

We have been contacted by a company who are interested in recruiting parents to become part of their Paid Market Research Panels. If you are interested in finding out more, Please talk to Penny or Jo at the school office.

Goodtime Music Academy are taking enrolments for in-school music lessons now. If you want your child to be a part of these award winning music lessons, and want to be a part of their new curriculum and performing opportunities, then in-school lessons may be the solution for you. Learn in a group setting, and choose between Drums, Guitar, Keyboard, Ukulele. Or try their 'Intro to Music' course.



Please visit www.goodtimemusicacademy.co.nz/learn-at-school to enrol and enquire. You can also call them on 04 568 2237. Spaces are limited so get in quick!

	<p style="text-align: center;">HOODIE ORDER</p> <p>Name Class</p>	<p style="text-align: center;">Cost</p>	<p style="text-align: center;">Amount to pay</p>
<p>Hoodie</p>	<p>Name on the back as you want it written</p>		
	<p>Size 6</p>	<p style="text-align: center;">\$52.00</p>	
	<p>Size 8</p>	<p style="text-align: center;">\$52.00</p>	
	<p>Size 10</p>	<p style="text-align: center;">\$52.00</p>	

	Size 12	\$52.00		
	Other - Adult sizes	\$60.00		