

SOUTHERN ZONE ATHLETICS TIMETABLE

Please note these times are approximate

9.30am	Officials and Managers Briefing					
9.45	Warm Up					
9.50	1000 metres 2 runners per school, per age, per gender Girls/Boys Year 5 Year 6					
	Sprints <i>Wilford</i>	Long Jump <i>Petone Central and TAWKKM</i>	High Jump <i>OLR</i>	Quoits <i>Gracefield</i>	Vortex <i>Sacred Heart</i>	Off Rotation
10.15-10.40	Year 6 Girls and AWD	Year 6 Boys	Year 5 Girls	Year 5 Boys	Year 4 Girls	Year 4 Boys
10.45-11.10	Year 4 4 Boys	Year 6 Girls	Year 6 Boys	Year 5 Girls	Year 5 Boys	Year 4 Girls and AWD
11.15-11.40	Year 4 Girls	Year 4 4 Boys	Year 6 Girls	Year 6 Boys	Year 5 Girls and AWD	Year 5 Boys
11-45 12.10	Year 5 Boys	Year 4 Girls	Year 4 4 Boys	Year 6 Girls and AWD	Year 6 Boys	Year 5 Girls
12.15-12.40	Year 5 Girls	Year 5 Boys and AWD	Year 4 Girls	Year 4 Boys	Year 6 Girls	Year 6 Boys
12.45-1.10	Year 6 Boys	Year 5 Girls	Year 5 Boys	Year 4 Girls	Year 4 Boys	Year 6 Girls
1.15- 2.00	Relays- Boys/Girls Year 4- 5 X 80m Year 5- 4 X 100m Year 6- 4 X100m					