

Synopsis of Health Specific Discrete Learning

Puberty and Human Reproduction Teaching and Learning Synopsis

Note: **Green writing** - parents must be notified prior to learning (refer procedures)

Year 4 and 5	Year 6
<p>Stages of human development Body changes in relation to stages of human development Body changes at puberty Reproductive body parts</p> <p>Caring for my Body - especially during Puberty. How we can care for our head and face How we can care for our middle part How we can care for our legs and feet Products that may be useful to keep us clean Cleaning routines - ourselves and our clothes.</p> <p>Staying Safe I'm the boss of my body What am I comfortable with Who can I go to for help</p> <p>Standing up for myself and others Treating others with care and respect Being unkind Bullying</p>	<p>Body parts and terminology Stages of human development Body changes at puberty Other changes we can expect at puberty (emotions etc)</p> <p>Human reproductive system Naming male and female external and internal reproductive parts Function of male and female reproductive parts</p> <p>Menstruation and Conception Process and purpose of menstruation (Use of the video: All about Menstruation). Process of conception (Use of the video: Life inside the womb) Note: The words sexual intercourse are mentioned in the process of conception.</p> <p>Looking after our bodies Caring for our bodies Products for us to consider Advertising and messaging for products Truths and Myths about hygiene</p> <p>Staying Safe Safety and decision making online</p> <p>Available supports People we know and trust.</p>

Identity, Diversity and Gender Teaching and Learning Synopsis

Year 0-3	Year 4-5	Year 6
<p>How am I similar / different Being unique</p> <p>Whanau / Family What is a whanau? Family features Different types of family What is interesting about your family</p> <p>Gender roles Activities we like to do Activities that girls may like Activities that boys may like It is okay to do what we like to do 'Princess Smarty Pants' - Babette Cole Being different Doing what you like to do Gender doesn't have to determine what we like, dislike or how we have to behave, it is okay to be different.</p>	<p>My whanau What makes my family unique? Different types of families in NZ Diverse families 'My Family, Your family' - Lisa Bullard</p> <p>I am Unique The things I like Being unique Things that make up my identity Song: 'What I am' - Will I am</p> <p>Gender Diversity Choices for boys and girls Do boys and girls have to act in a certain way? 'Horace and Morris, but mostly Delores' - James Howe Gender, gender roles, stereotypes Gender does not influence our interests or behaviours. Freedom of self expression.</p>	<p>I am Unique Song: 'Individuality' - songs4kids Finding commonalities within the class Qualities that make us unique - self worth Fingerprints - comparisons that are helpful / unhelpful Feeling good about yourself and helping others to feel good about themselves</p> <p>Media influence on identity Messaging from advertisements and media posts Language Interesting or attractive products Assumptions about interests, activities, relationships, expectations Individuals within groups that are unique - treat all equally</p> <p>Thinking about Gender Jack (Not Jackie) <i>Erica Silverman</i> Words to describe themselves and show you who they are as a person: gender identity and biological sex Terminology: girl, boy, woman, man, non-binary, transgender, takatāpui or queer - may or may not match sex. Put ourselves in Jack's shoes Negatives Positives How people treat you Can do, can't do Expectations Stereotypes and challenges to consider Community actions to make everyone safe, comfortable, and included / like they belong.</p>